Olam Shalem – An Update on the Shalem Foundation's Activities

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Friends and Partners,

The field of developmental disabilities is currently undergoing a shift towards becoming more person-centered, giving individuals with developmental disabilities the tools they need to become independent and an



integral part of the wider community. The Shalem Foundation is therefore placing an emphasis on funding projects and programs that promote independence for people with disabilities and that work towards creating a more inclusive society.

In this edition of *Olam Shalem* you will read about some of this year's groundbreaking projects, research topics and training programs. From nationwide initiatives that encourage physical activity for people with intellectual disabilities to training religious teenagers in disability inclusion and awareness in Modi'in Illit, we are proud of the work being done to further the status of people with intellectual disabilities in Israel. In the past year, over 900 people from across Israel have participated in one of the many training programs we have initiated or supported.

It is appropriate that we send our newsletter on the eve of Passover, the holiday where we celebrate our freedom as a people. As our ancestors did many years ago, we are moving forward and creating a passage for independence. May the coming year bring increased freedoms and opportunities for all of us, especially those with developmental and intellectual disabilities.

Yours, Riva



Happy Passover from the Shalem Foundation!

May all people with differing abilities have an abundance of opportunities for growth, development and quality of life.

The Shalem Foundation's 2015 awards ceremony took place at the Performing Arts Center in Ashdod on November 19, 2015.

Every two years we have the privilege to grant awards to those who promote the status of people with intellectual disabilities and advance community integration. The awards ceremony was attended by people with disabilities, their families, the Minister of Social Affairs and many other municipal, governmental and social leaders. For more information and to watch a video of the ceremony Click here





Initiation ceremony of "Be'er Bat Sheva" (The well of Bat-Sheva), an Employment Center for Women and "Kishurit" Nursing Day Care Center for Women in B'nei Brak

The outstanding "Be'er Bat Sheva" building was inaugurated as an Employment Center alongside "Kishurit" - a Nursing Day Care Center for women with intellectual disabilities in B'nei Brak last summer. The Center, initiated and directed by the experienced Ohel Sara Association, host a wide variety of activities that assists independence and inclusion for women with developmental disabilities.

For more information and a video that tells the story of three girls served by Ohel Sara Association <u>click here</u>

The Shalem Foundation assists with building, renovating and equipping of institutions for those with intellectual disabilities in the community

Unique Training Course in Disability Awareness for Teen Volunteers in Modi'in Illit

Many youth aged 15-18 volunteer in the city of Modi'in Illit with Services and families of children with disabilities, including intellectual disabilities. They approached us and other partners to develop a unique training course that raises awareness and develops tools to promote the field of disabilities and to better include people with developmental disabilities in greater society.

For more information <u>click here</u>



The Shalem Foundation operates unique training and instructional programs for professionals working in the field of developmental intellectual disabilities

An adapted version of the Management Standards for Employment Centers for People with Developmental Disabilities was launched to improve services.



An online adapted and accessible package for the Management Standard of ISO 9001 for directors of "Reshet" centers - Employment Services for People with Developmental Disabilities- was developed and launched. The package was initiated and promoted by a group of Reshet Centers and includes all information and tools for improving the quality, effectiveness and efficiency of the services. For more information and to view the package documents Click here.



How Social Workers and Other Stakeholders Perceive the Marriage of Women of Normal Intelligence to Men with **Intellectual Disabilities**

Asmaa Abu Alaola, Supervisor: Dr. Ronnie Strier, University of Haifa, 2015

This pioneering study researched by Asmaa Abu Alaola, a Master's Student at University of Haifa and funded by the Shalem Foundation, sheds light on the complex issue of marriage of women of normal intelligence to mentally impaired men. This is common in Arab-Muslim society in Israel and the study highlights how social workers and other stakeholders within the community perceive the phenomenon. The findings provide insights & suggest an alternative interpretation of this model of marriage.

For more information and to view a short video describing the study click here

The Shalem Foundation supports innovative research in the field of intellectual and developmental disabilities.



United in Movement! The Shalem Foundation encourages and supports physical activity for people with intellectual disabilities and their active participation in sports initiatives within the community

Research has found that the level of obesity amongst people with IDD is higher than the general population and the Shalem Foundation has set out to change this. For more information and to view a video on the subject created by the Shalem Foundation click here

Shalem Foundation supports initiatives that promote physical activity and integrate people with Intellectual Developmental Disabilities (IDD) in the community.

"A Midsummer Night's Dream" - Together with **Shakespeare on Stage**

In this co-production of Shekel Association and the Acting Studio, Shakespeare's play "A Midsummer Night's Dream" has been adapted for actors with intellectual disabilities and acting students throughout the country. For more information and to view a video documenting rehearsals and scenes from the show, click here.







'Awareness Week'- Promoting awareness and inclusion of people with special needs in the city of Ramat Gan

An Awareness Week that advocated the needs and abilities of people with special needs was initiated and led by the city of Ramat Gan. The weeklong campaign included an array of events, fairs, talks, meetings, information and advocacy actions and more. All of the activities were joint and inclusive, bringing together all segments of the diverse urban community of Ramat Gan.

For more information click here.

The Shalem Foundation was a key partner and supported activities throughout Awareness Week

Medical first aid, routine and emergency situations for people with intellectual **Disabilities**

The Shalem Foundation joined a governmental decision to promote medical first aid in routine and emergency situations for people with intellectual disabilities. It has equipped and sponsored defibrillation devices and First aid courses for over 130 adult service centers throughout the country.

For more information click here

In the picture: Ms. Vivian Azran, Director of community care service, for Persons with IDD, Division of Services for Persons with IDD, Ministry of social affairs and Social services, visiting at day center for adults in Gan-Or, Haifa



Just like everyone else: interviews with our most precious partners.

Boaz is 50 years old and has 3 sisters and 7 brothers and loves to go with them to the synagogue. He works in the Maas in Ra'anana and during his free time he paints, walks in the Moshav and listens to the Israeli singer Shlomo Artzi.

To meet Boaz and hear about his

life and experiences **Click here**

Boaz's world: The Synagogue, **Family and Art**



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